

**Montana Mental Health Nursing Care Center
Social/Emotional Assessment**

Elements of Assessment:

Name: _____

Date of Assessment: _____

A. Adjustment to Nursing Home Placement:

1. Well adjusted (Involved with other residents and/or activities).
2. Adequately adjusted.
3. Refuses group activities.
4. Passive Acceptance.
5. Withdrawn from other residents and/or activities.
6. Anger/Resentment.
7. Unhappiness.
8. Many small complaints
9. Hopelessness - ☐ Giving up ☐.
10. Delusional.
11. Poor judgment and insight into past problems.
12. Unaware of setting due to physical/mental condition.

B. Self-Concept:

1. High Ego Strength.
2. Healthy Self Esteem.
3. Occasional Periods of Depression.
4. Frequent Periods of Depression.
5. Loss of Function - Needs to feel useful, productive.
6. Verbalizes Worthlessness, Futility of Living.
7. Self-Destructive Behavior or Threats.
8. Delusions.
9. Unable to assess due to Physical Condition (Comatose, Severe Mental Deterioration)

C. Coping Mechanisms - Ability to Deal with Stress and Express Feelings:

1. Expresses Negative Feelings Appropriately - Complains to Involved Parties, Anger Appropriate to Situation, Able to Take Constructive Action to Solve Problems.
2. Seems Able to Cope, May not be able or willing to Express Feelings.
3. Passive - Aggressive - will voice complaints if asked, deals with negative feelings passively.
4. Deals with stress immaturely, I.E., excessive crying, whining, pouting.
5. Insecure - Reacts to stress by worrying - anxious, fearful.
6. Manipulative.
7. Generalized hostility.
8. Violence/Aggression.
9. Does not adjust well to change
10. Misinterprets reality - delusional.
11. Unable to assess due to physical/mental condition.

Montana Mental Health Nursing Care Center
Social/Emotional Assessment

Elements of Assessment:

Name: _____

D. Relationships with Others:

1. Outgoing - Reaches out to most other residents, socializes well and participates in activities.
2. Has developed positive relationships with a few other residents - basically associates with small group of friends.
3. Physically incapable of leaving room - limited social interaction.
4. Cannot respond to social stimulation.
5. Passive - will react positively to friendly gestures, but waits to be asked.
6. Withdrawn - unwilling to develop relationships with others.
7. Expresses negative feelings toward others, I.E., hostility, arrogance.
8. Relates in a friendly manner towards staff.
9. Inappropriate behavior in social settings.
10. Has family relationships to draw on.

E. Orientation:

1. Is always oriented to person, place and time.
2. Whereabouts occasionally confused.
3. Dates occasionally confused.
4. Occasionally does not recognize acquaintances or mistakes strangers.
5. Whereabouts usually confused.
6. Dates usually confused.
7. Usually does not recognize acquaintances.
8. Whereabouts always confused.
9. Has no idea of time, date, month, year.
10. Never recognizes acquaintances.
11. Impaired short term memory.
12. Impaired long term memory.
13. Unable to assess due to physical/mental condition.

F. Motivation:

1. Very motivated - tries to continually master new tasks.
2. Assertive leadership capabilities.
3. Able to make and follow through on decisions.
4. Willing to function at or near abilities.
5. Enjoys helping others.
6. Has own work in room.
7. Not motivated to do things for self that may be capable of accomplishing.
8. Mildly dependent - needs encouragement to make decisions.
9. Needs contact with others.
10. Dependent on others to help make decisions.
11. Unable to make decisions.

Comments: _____

SS Designee _____ SS Designee _____

SS Designee _____ SS Designee _____